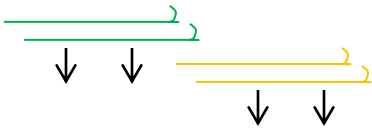
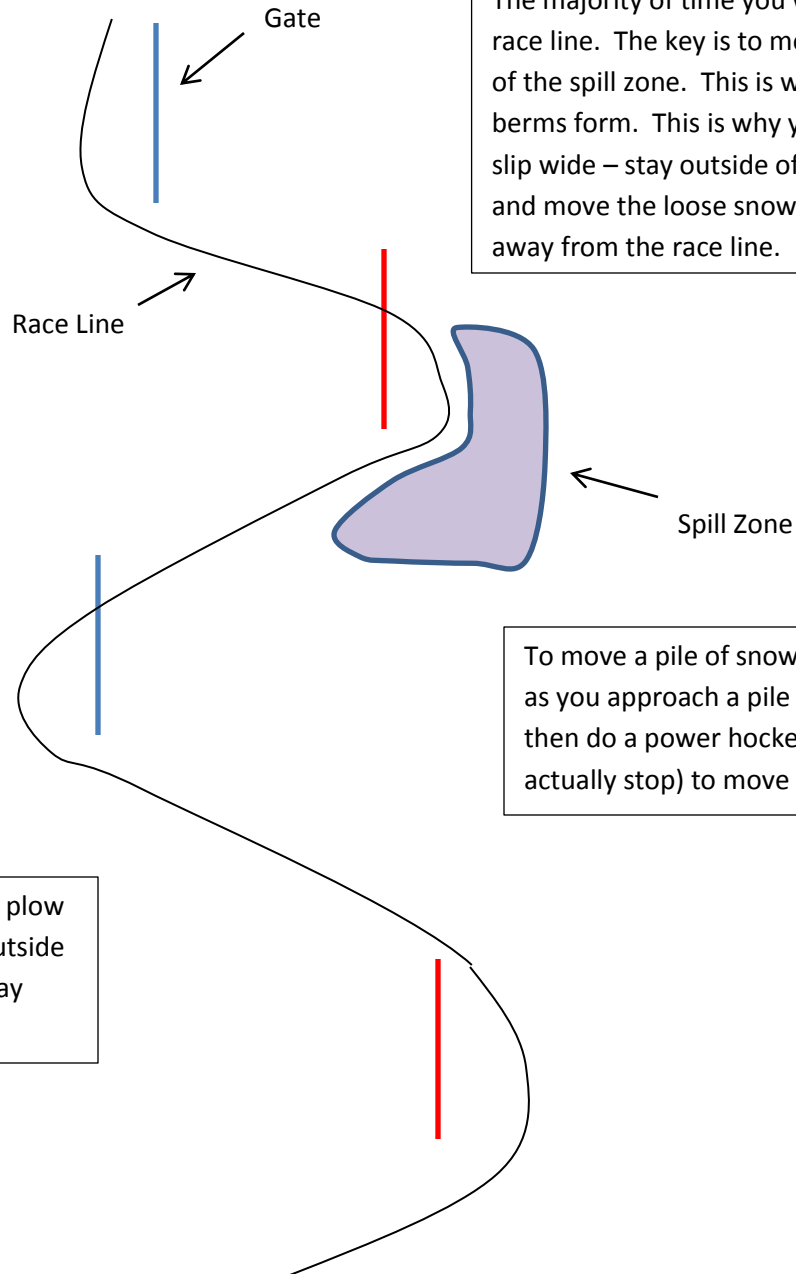


Slipping a Course



Slipping “tip-to-tail” is when the first slipper leads off and the next slipper follows with ski tips overlapping the tails of the previous slipper. It is important to not overtake the downhill slipper.



The majority of time you will not slip in the race line. The key is to move loose snow out of the spill zone. This is where ruts and berms form. This is why you hear people say slip wide – stay outside of the main race line and move the loose snow outside of and away from the race line.

To move a pile of snow, build up some speed as you approach a pile of loose snow and then do a power hockey stop (but don't actually stop) to move the pile of snow.

If you are slipping using a snow plow technique, only pressure the outside ski so you are moving snow away from the race line.

Do not slip through or ski through the finish line unless you are racing! There will usually be a path around the timing equipment.

Know the racer interval! Pull out of the course frequently. If at any time you hear the word “COURSE”, exit the racer line as fast as humanly possible. Do not look up the hill to see if a racer is on the way. It is extremely likely a racer is on course just above you, and any delay could result in injury to you and/or the racer! If you see a potential danger to anyone in front of an oncoming racer, it is your duty to yell “COURSE” down the hill.